#### **CLOTHING AND TEXTILES**

#### 1. **PREAMBLE**

The aim of the course in Clothing and Textiles at the Senior High School level is to train students to acquire knowledge and skills in clothing production and management. This equips students with employable skills to improve their quality of life and that of the society.

### 2. <u>OBJECTIVES</u>

The examination syllabus is aimed at testing the basic knowledge and understanding of candidates in

- (1) career opportunities in Clothing and Textiles.
- (2) basic scientific knowledge in Textiles e.g. fibres, origin and construction (fabrication), selection, fabric combinations, use and care of fabrics.
- (3) the significance of clothing, selection of appropriate clothing for all occasions and figure types.
- (4) the selection, use and maintenance of sewing equipment.
- (5) the clothing production skills e.g. pattern, freehand cutting and general processes in clothing construction.
- (6) the knowledge in designing and decorating family clothing and household articles.
- (7) the skills in the repair, renovation and remodelling of clothing and care of clothes.
- (8) the development of entrepreneurial skills and work ethics in Clothing and Textiles.
- (9) the development of techniques for promoting Clothing and Textiles products (modelling, exhibition, etc.).

### 3. <u>SCHEME OF EXAMINATION</u>

There will be three papers, Papers 1, 2 and 3 all of which must be taken. Papers 1 and 2 will be composite paper to be taken at one sitting.

- **PAPER 1:** Will consist of sixty multiple choice objective questions all of which must be answered within 1 hour for 60 marks.
- **PAPER 2:** Will consist of six short-structured essay-type questions. Candidates will be required to answer four questions within 1 hour 30minutes for 60 marks.
- **PAPER 3:** Will consist of two sections. One section will be a practical test and the other will test candidates' familiarity with their course work. The paper will carry 100 marks and will last 2 hours 30 minutes.

There will be 30 minutes preparation time prior to the conduct of the test. The test will be conducted by a visiting Examiner appointed by the West African Examinations Council. The articles for the course work together with their pattern pieces should be presented to the visiting Examiner for assessment, for 20 marks.

## **DETAILED SYLLABUS**

CONTENTS	NOTES
CONTENIS	NOTES
(1) Career Opportunities in Clothing and Textiles	
(i) Career types	<ul> <li>Reasons for studying Clothing and Textiles</li> <li>Career types e.g. modelling, teaching, dressmaking and tailoring, textiles chemist, textiles designer, etc.</li> <li>Basic requirements for careers e.g. knowledge, academic qualification, etc.</li> </ul>
(i) Work ethics	<ul> <li>Meaning</li> <li>Components – rules and regulations, attitudes, behaviours, integrity, self confidence, etc.</li> <li>Importance and benefits of work ethics.</li> </ul>
(2) Fibre and Fabric	<ul> <li>Meaning of fibre, yarn, fabric, etc.</li> <li>Classification</li> <li>Characteristics/properties</li> <li>Identification</li> <li>Combinations (blends, mixtures)</li> <li>Fabrication/construction (weaves, crocheting, knitting)</li> <li>Finishing treatments.</li> </ul>
	<ul> <li>Concept</li> <li>Functions</li> <li>Classifications e.g. clothes, accessories and cosmetics.</li> </ul>
(3) Clothing	<ul> <li>Concept</li> <li>Wardrobe for family members e.g. babies, preschool</li> <li>children, teenagers, etc.</li> </ul>
(4) Wardrobe Planning	<ul> <li>Factors to consider in wardrobe</li> <li>planning.</li> <li>Benefits of planning wardrobes.</li> <li>Concept</li> <li>Importance</li> </ul>

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	- Factors that promote good grooming.
	- Selection of appropriate clothes and accessories
(5) Good Grooming	Proper use of cosmetics.
	Cosmetics and health.
	(a) <u>Classification</u>
	(i) By size: large and small
	equipment
	(ii) By functions e.g. pressing,
(6) Sewing Equipment/	cutting, measuring, etc.
Tools	(b) selection/choice
	(c) factors affecting choice
	(d) use and care
	(e) reasons, correct handling,
	storage.
	(f) <u>Sewing Machine</u>
	(i) Types, advantages and
	disadvantages, brands
	(ii) Factors affecting the selection
	of the sewing machine.
	(iii) Parts of the sewing machine.
	(iv) Functions of the parts of the
	sewing machine.
	(v) Setting and threading the
	sewing machine.
	(vi) Care
	(vii) Common faults and remedies
	(g) Safety in the use of Tools/Equipment.
	(i) Stitches
	(i) <u>Stitches</u>
	tunos
	- types - classification
	- uses
	- rules for working stitches
	(ii) <u>Seams</u>
(7) Sewing Processes	-types
	- classification
	- choice of seams
	- rules for making seams.
	(iii) <u>Arrangements of Fullness</u>
	- types
	- factors for choosing fullness.
	- rules for working.
	(iv) <u>Edge Finishes</u>
	- concept
	- reasons
	- edges requiring finishing
	- types of finishes

	- points to consider when
	choosing edge finishes
	(vii) <u>Pockets</u>
	- types - functions
	- attachment
	Advanced Techniques
	(a) Essentials of garment construction
	<ul><li>(i) <u>Lining and interfacing</u></li><li>concept</li></ul>
	- importance
	- suitable fabrics for lining e.g.
	satin, fine polyester, muslin, etc.
	- suitable fabrics for interfacing
	e.g. canvas, vilene, petersham etc. - ways of fixing lining.
	ways of fixing fining.
	(ii) <u>Fashion features</u>
	- types e.g. collars, necklines,
	sleeves, frills, belts, etc. - uses
	- directions for working.
	(iii) <u>Simple patterns</u>
	<ul><li>(a) Types of patterns</li><li>(i) Commercial Pattern</li></ul>
	(Printed and Perforated)
	(ii) Freehand cutting, etc.
	(iii) Drafted and adaptation
	(b) Taking body.
(8) Garment Construction	(c) Pattern making e.g. bodice,
	skirt, sleeve, short, etc.
	<ul> <li>(d) <u>Pattern Adaptation and Alteration</u></li> <li>(i) Adaptation of basic block</li> </ul>
	(ii) Simple alteration
	(e) Laying and cutting out.
	(f) Fitting garments.
	(i)Elements of design e.g. line, colour, etc.
	<ul><li>(ii) Principles of design e.g. balance, rhythm.</li></ul>
	<ul><li>(iii) Application of principles and elements of design in clothing construction and</li></ul>
	selection.
	(iv) Identification of figure type for both

	1 10 1
	male and female
	(v) Choice of styles for different figure
	types.
	(a) Care labels
	(b) Stains
	(i) types,
(9) Clothing Design	(ii) agents,
	(iii) removal of stain.
	(c) Laundry
	(i) steps in laundry,
	(ii) washing of simple fabrics e.g. cotton,
	linen and wool.
	(d) Dry cleaning
	(i) Home-sponging
	(ii) Commercial
	(e) Repair and customizing
(10) Care and	-
Maintenance	repair/mending renovation
of Clothes	- remodeling
	(f) Storage and packing of clothes
	(a) Datahurah
	(a) Patchwork (b) Appliqué
	(b) Appliqué
	(c) Hand and machine embroidery
	(d) Soft toys
	(e) Crocheting, knitting
	(f) Macrame
	(a) Principles of shopping
	<ul> <li>(a) <u>Principles of shopping</u></li> <li>meaning of a consumer and</li> </ul>
	consumer education.
	- rights of a consumer - Enforcers
	<ul><li>(govt agencies, consumer agencies</li><li>points to bear in mind when</li></ul>
	shopping for Clothing and Textiles products.
	<ul><li>(b) Sources of Clothing and Textiles</li></ul>
	products (budgeting and impulsive
(11) Creative Fabric Craft	
(11) Cleanve Fablic Clait	buying) - market
	- departmental stores
	- hawkers etc.
	- 11d W K015 CW.

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(12) Consumer Education	<ul> <li>Setting up a Clothing and Textiles enterprise.</li> <li>(a) <u>Explanation of terms</u> <ul> <li>(i) - entrepreneur</li> <li>- entrepreneurship</li> <li>- enterprise, etc.</li> <li>(ii) - Characteristics of entrepreneur</li> <li>(iii) - Advantages and disadvantages</li> <li>of an entrepreneur.</li> </ul> </li> <li>(b) Requirements for a Clothing and Textiles entrepreneur e.g. knowledge and skills.</li> </ul>
(13) Entrepreneurship	<ul> <li>(c) Factors that promote success in entrepreneurship</li> <li>(d) Clothing and Textiles Enterprises <ul> <li>tailoring/dressmaking</li> <li>itinerant sewing</li> <li>alteration specialist, etc.</li> </ul> </li> <li>(e) Setting up a Clothing and Textiles enterprise <ul> <li>(i) choice of business idea</li> <li>(ii) market research</li> <li>(iii) development of business plan</li> </ul> </li> <li>(f) Managing a Clothing and Textiles enterprise</li> </ul>
	<ul> <li>(i) Meaning of terms - exhibition, modelling and fashion show</li> <li>(ii) Types</li> <li>(iii) Purpose</li> <li>(iv) Factors to consider <ul> <li>(i) Publicity (mass media, print</li> <li>(ii) Security, where to exhibit.</li> <li>(iii) What to exhibit, etc.</li> </ul> </li> </ul>
(14) OrganisingClothing and TextilesExhibition/ Modelling and Fashion Shows	

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#### SUGGESTED READING TEXTS

- 1. Clothing and Textiles for Senior Secondary Schools by Ministry of Education, Ghana.
- 2. Needlework for Schools by Melita M. Neal.
- 3. Needlework Notebook by Rhiannon Davies.
- 4. Certificate Needlework by Cecile Miles.
- 5. Basic Needlework by W. Bull.
- 6. Home Economics for Schools Books 1, 2 & 3.7.
- 7. Dressmaking Made
- 8. Simple by Gideon Lippman and Dorothy Erskine.
- 9. Clothes by Margaret Butler.

## **ITEMS REQUIRED**

- 1. Full length dressing mirror;
- 2. Scissors
  - (a) Cutting out scissors;
  - (b) Trimming scissors;
  - (c) Pinking shears;
  - (d) Embroidery scissors
  - (e) Buttonhole scissors;
- 3. Cutting-out table
- 4. Sewing needles and pins
- 5. Tape measure
- 6. Thimble
- 7. Sewing machine
- 8. Dummy
- 9. Cabinet
- 10. Ironing board/pressing iron, etc.
- 11. Buckets (metal and plastic)
- 12. Wooden turner
- 13. Washing bowls
- 14. Gloves
- 15. Wooden Tonges
- 16. Iron pots.